

South Eastern Karate Association



Siler City and Liberty

1982 • 25th Anniversary • 2007



Martial Arts Instruction



Adults and children.
Men and women.
Five-year-old beginners to
black belts of retirement age.

Students at South Eastern Karate train for different reasons. Some for exercise. Others to learn self-defense, develop confidence or enjoy fellowship. But all receive individual attention to develop their unique mental and physical abilities.

South Eastern Karate follows the same approach handed down directly from Korean Master Young Taek Yu to Master Peggy Jolly and then to her own students. Both schools enjoy a distinctive atmosphere of cooperation and brotherhood, where students learn not only from the lead instructors, but by challenging and encouraging each other to excellence. Instruction in the Moo Duk Kwan system emphasizes self-defense, while it helps students develop greater confidence, physical fitness and self-discipline.

siler city school

Master Instructor Peggy Jolly



109 N. Chatham Avenue
Siler City, NC 27344
silercity@southeasternkarate.com
919.663.2696

Located in the heart of downtown, the Siler City school has served as headquarters for South Eastern Karate Association since opening as Young Yu Tae Kwon Do in 1982. The school became South Eastern Karate in 1996. Classes are held Tuesday and Thursday evenings, with one class primarily for children and teens from 5:30 to 6:30 p.m. and another primarily for adults from 7 to 8:30 p.m.

liberty school

School Head Instructor Mark Ellington



114 W. Swannanoa Avenue (upstairs)
Liberty, NC 27298
liberty@southeasternkarate.com
919.663.3419

Meeting on the second floor of an historic downtown building, the Liberty school has been serving the Randolph County community since 1997. Classes are held Monday and Thursday evenings from 7 to 8:30 p.m.

Lead Instructors

Peggy Petty Jolly

Master Instructor, 7th Dan



Having trained for 25 years under Master Young Taek Yu of Greensboro, Master Peggy Jolly is among the small sisterhood of women who have reached the level of Master Instructor. She served as head instructor of Young Yu Tae Kwon Do for more than seven years before bringing a branch of the school to Siler City in 1982. That school became South Eastern Karate in 1996. Over her distinguished career, Master Jolly has taught countless women's self-defense and general martial arts classes, and has participated as a tournament competitor and promoter.

Mark Ellington

School Head Instructor, Liberty, 5th Dan



Beginning his training at age 16, Mark Ellington has studied under Master Peggy Jolly for well over two decades. He established the Liberty school in 1997 and has trained scores of students, many to the rank of black belt.



South Eastern Karate Association

Siler City and Liberty

109 N. Chatham Avenue
Siler City, North Carolina 27344
919.663.2696

www.southeasternkarate.com